

Promoting Men's Health and Physical Activity Forum

Tuesday 16 February, 2010

9.45am- 3.00pm (9.00 am Registration)

William Angliss Institute, Melbourne
Corner of La Trobe and King St



Facilitated by Kinect Australia, this is one of a series of state-wide physical activity promotion forums. This forum is delivered through the 'Go for your life' Physical Activity Information Centre. The 'Go for your life' Physical Activity Information Centre is supported by the Victorian Government through the 'Go for your life' initiative.

This forum will be focusing on recent research on Men's Health in Australia and internationally, and the development of the National Men's Health Policy. A range of tools and strategies for engaging men in health promoting programs will be provided.

The forum is presented in partnership with Andrology Australia.



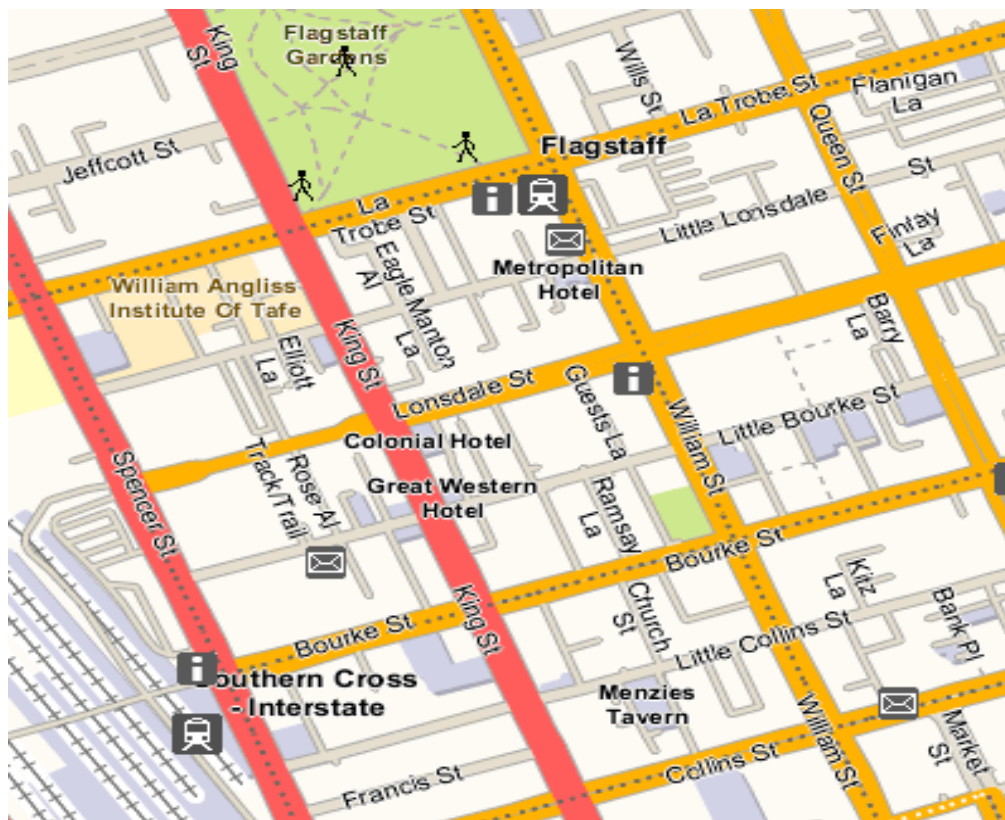
Registration:

Please register by Thursday 11 February by completing the form from:

http://www.kinectaustralia.org.au/content/Public/InfoLine_InfoCentre/Forums/Upcoming_Forum/Mens_Health_Registration_Form.aspx

There is no cost to attend this event. Places are limited, early registration is encouraged.

Getting to the venue: William Angliss Institute is located at 555 La Trobe St, Melbourne, on the corner of King St and La Trobe St. The venue is easily accessed by train and tram. Limited car parking is available near the venue and throughout the area. Please allow extra time for parking and finding the venue. See Sarah-Jane upon arrival for bicycle parking.



Agenda

- 9.00am** **Registration**
- 9.45am** **Welcome**
Greg Johnson, Chief Executive Officer, Diabetes Australia-Vic
- 10.00am** **Opening**
Professor David de Kretser, AC, Governor of Victoria
- 10.15am** **Recent Research on Men's Health and Physical Activity**
James Smith, Affiliate Member, Freemasons Foundation Centre for Men's Health, University of Adelaide
- 10.45am** **Engaging Men into Health Promotion Programs**
Peter Strange, Nurse Practitioner (Men's Health), Bendigo Community Health Service
- 11.05am** **Morning Tea**
- 11.25pm** **Panel Discussion**
Men's Shed Victoria
Jeremy Hearne, Team Leader Population Health, Plenty Valley Community Health & The Secretary of the Victorian Men's Shed Association
M5 Project, Men's Preventative Health
Royal Australian College of General Practitioners representative
Strengthening Community Action in Men's Health
Carol Holden, Executive Director, Andrology Australia
Healthy and Active Australia
Theresa Whalen, Health Promotion Manager, Kinect Australia
- 12.40pm** **Lunch/ Movement to music**
- 1.20pm** **The National Men's Health Ambassador Speaker Program on Prostate Health and Continence Health**
Jo Fairbairn, National Community Partnerships & Health Promotion Manager Prostate Cancer Foundation of Australia
- 1.50pm** **Reproductive Health and Chronic Disease**
Dr Carolyn Allan, Medical Advisor, Andrology Australia
- 2.20pm** **National Men's Health Policy**
James Smith, Affiliate Member, Freemasons Foundation Centre for Men's Health, University of Adelaide
- 2.50pm** **Close- Wrap up**
- 3.00pm** **Close**