



**VISIT**  
[www.kinectaustralia.org.au](http://www.kinectaustralia.org.au)  
and go to the  
'Health Coaching Network' tab!

## Background

The Australian "Health Coaching Network" seeks to provide support for individual health coaches, program managers and organisations as well as to influence the broader development of health coaching in Australia.

The need for a support network was identified through a series of discussion forums with health coaches and stakeholder organisations. Limited on-going support for health coaches as well as lack of opportunities for professional development following initial training have prompted the development of the network.

Kinect Australia is facilitating the development of the Health Coaching Network with support from Health Coaching Australia (HCA). Health Coaching Australia provides professional training and Kinect Australia coordinates key initiatives to promote active and healthy living.

## The benefits of joining the Health Coaching Network

- Access to an interactive knowledge sharing network;
- Access to professional development support through information, case studies, research/articles;
- Increased advocacy support for health coaching;
- Enhanced networking opportunities through regular forums and meetings.

The network is underpinned by an interactive section of the Kinect Australia website.



  
**KinectAustralia**  
active living for healthier communities

Incorporating Vicfit in Victoria

## Aims of the Australian Health Coaching Network

1. To support health professionals and their organisations to integrate health coaching into their daily practice.
2. To assist in the delivery of quality health coaching services and the maintenance of quality improvement processes and ongoing professional development.
3. To enhance the profile of health coaching and health coaches to increase community awareness of the benefits of health coaching, across all lifestyle issues.

## Join the Network

**Membership of the network is free. For more information or to register Visit:**

**www.kinectaustralia.org.au**

**Email:**

**healthcoach1@kinectaustralia.org.au**

**Call: (03) 8320 0100**