

# registration application

## Kinect Australia

Committed to the highest fitness professional standards for registrants, industry and the community.



## About Kinect Australia

Kinect Australia strives to enhance individual health and wellbeing, build stronger communities and create more liveable and sustainable environments across Australia. Kinect Australia is committed to achieving this vision through the promotion of active living for all Australians.

Kinect Australia is a not-for-profit independent incorporated association. It works closely with government, non-government and community sectors, and provides a unique mix of advocacy, advice, information, support and development services.

## National Registration

Registering with Kinect Australia indicates that you have satisfied the requirements of a comprehensive quality assurance system for Physical Activity and Fitness Professionals. Greater employment options, discounted insurance, and support and advice from specialists in the industry are some of the benefits that make registering with Kinect Australia a unique opportunity. Most importantly, Kinect Australia Registration indicates to prospective employers, the professional field and the public that an individual has achieved a suitable qualification and has maintained appropriate standards of competence for fitness and physical activity professional practice.

These standards are aligned with the internationally recognised National Fitness Industry Training Package (NFITP) and Higher Education system qualifications, which are both a part of the overarching Australian Qualifications Framework.

## **Registration is available in two categories:**

- Fitness Instructor
- Fitness Trainer

Subcategories of registration also exist. These are aligned with current occupations in the fitness industry and specialisations offered within Certificate III (Fitness) and Certificate IV (Fitness) courses.

## **Registration subcategories include:**

### **At Fitness Instructor Level –**

- Gym Instructor
- Group Exercise Instructor
- Aqua Instructor
- Older Adults Instructor (Strength Training)
- Older Adults Instructor (Group Exercise)

### **At Fitness Trainer Level –**

- Personal Trainer
- Older Adults Trainer
- Children's Trainer
- Advanced Aqua Trainer

Kinect Australia registration is valid for two years; during this term, registrants must fulfil the appropriate requirements to re-register (see 'how to renew your registration').

## **Three pathways to Registration**

Applicants can apply for Kinect Australia registration via two pathways:

- Certificate Qualification
- Degree Qualification

## 1. Certificate Qualification

To be registered as a **Fitness Instructor**, an applicant must complete a minimum level qualification of Certificate III (Fitness) including the relevant specialisation.

To be registered as a **Fitness Trainer**, an applicant must complete a minimum level qualification of Certificate IV (Fitness) including the relevant specialisation.

Copies of the certificate qualification and statement of attainments must be lodged with the application.

## 2. Degree Qualification

Applicants who have degree qualifications in Exercise Science or Human Movement are eligible to apply for registration as a **Fitness Instructor** or **Fitness Trainer** provided they fulfil relevant subject requirements. Prospective applicants are encouraged to check these requirements with their course coordinator prior to enrolment. An official transcript of subjects successfully completed within the degree is to be lodged with the application.

## Additional Requirements

- Current Level 2 First Aid Certificate or equivalent work related qualification
- Current CPR qualification – must be updated annually
- Age Requirement – The minimum age for registration is 18 years.
- **Please Note: Expired First Aid or CPR qualifications will render your registration invalid**

## How to Register for the first time

To apply for registration with Kinect Australia applicants must:

1. Submit a copy/transcript of their relevant **qualification**
2. Submit a copy of their current **Level 2 First Aid Certificate** and current **CPR qualification**. Equivalent work related qualifications are also acceptable.
3. Submit a completed **application form** with **payment**.

### First Time Registration Fee

Full Fee – \$120    Concession – \$100

Concession fee applies for seniors, students and health care card holders.

Please provide a copy of the relevant card as proof.

## How to renew your Registration

To re-register with Kinect Australia appropriate professional development through relevant education and employment must be undertaken during the two-year registration term. This requirement ensures that the individual maintains current competency and employability as a fitness and physical activity professional.

### To re-register, registrants must:

1. Obtain a minimum of **6 PDPs** (Professional Development Points) over the two year registration term and **submit relevant documentation** as proof.
2. Submit a copy of their current **Level 2 First Aid Certificate** and current **CPR Qualification**. Equivalent work related qualifications are also acceptable.
3. Submit a completed **application form** with **payment**.

### Re-registration Fees:

Full Fee – \$100      Concession – \$90

### Discount Fee:

Applies if paid within the month of expiry.

Fee - \$100      Concession - \$90

Concession fee applies for seniors, students and health care card holders.

Please provide a copy of the relevant card as proof.

# How to earn PDPs

Kinect Australia believes ongoing professional development is an essential component of the registration process. To satisfy this requirement, registrants may earn PDPs for both employment in an appropriate role and the completion of health and fitness education programs. In combination, suitable employment and ongoing relevant education forms the basis of professional development.

## Employment

Registrants obtain **1 PDP** for proof of part time employment (Up to 20 hours per week for a minimum of 3 months)

Registrants obtain **2 PDPs** for proof of full time employment (20 hours per week or more for a minimum of 12 months)

- Employees must submit a signed verification of employment on letterhead from their employer
- Self employed registrants must submit proof of operation, such as; a copy of a business card, business certificate and formal letter stating number of hours worked each week.

## Educational Programs

It is required that registrants complete at least two health and fitness educational programs during the term of their registration.

There is a range of approved educational programs to choose from including:

- Contact Educational Workshops
- Online Educational Delivery
- Correspondence Courses
- Journal or Association Subscriptions

## Allocation of Points

Registrants obtain **1 PDP** for completion of an approved 1–3 hour program

Registrants obtain **2 PDPs** for completion of an approved 4–8 hour program

Registrants obtain **3 PDPs** for completion of an approved program that runs for more than 8 hours

A maximum of 1 PDP will be granted for approved journal/association subscriptions over the two year registration term. Please contact Kinect Australia for a listing of approved subscriptions.

**PDPs may be allocated to high quality programs as determined and accredited by the Kinect Australia Accreditation Advisory Panel.**

Go to [www.kinectaustralia.org.au](http://www.kinectaustralia.org.au) for a list of upcoming Kinect Australia accredited programs

### **Other forms of approved educational delivery may include:**

- Conferences and Conventions
- Higher Education or VET subject study
- Research projects relevant to Health & Fitness
- Lecturing/presenting in recognized training courses

The allocation of PDPs for these programs is determined upon application. Registrants are therefore required to supply thorough details of the conference, course, research or subjects they have attended or completed. Kinect Australia will endeavour to provide PDP recognition for all relevant programs.

**Please Note: Registrants who have not been employed during the registration term must obtain at least one PDP through a contact education program.**

## PDP/CEC allocation

Kinect Australia will endeavour to provide PDP recognition for all relevant programs that attract CECs. The table below outlines an approximate relative value for CECs and PDPs:

PDPs	CECs
1	= 1 – 3
2	= 4 – 8
3	= 9 – 15

## Adding a Category

To register in an additional category or subcategory, registrants must complete a qualification that includes the relevant specialisation. Evidence by way of certificate, transcript or statement of attainment must be submitted with the application. Categories and subcategories can also be added during the registration period.

## Lapsed Registration

If registration has lapsed with Kinect Australia, the following conditions apply for re-registration:

- If lapsed for a period of less than five years, the individual must obtain 6 PDPs during the two-year period prior to re-registration.
- If lapsed for five years or longer, the individual must apply for RPL with a course provider or undertake the full course again.

## Contact Details

Kinect Australia strives to provide high quality service and support for registrants. For all of your registration queries please contact us at:

### **Kinect Australia Registration**

Level 5, 470 Collins Street

Melbourne VIC 3000

Email: [enquiries@kinectaustralia.org.au](mailto:enquiries@kinectaustralia.org.au)

Website: [www.kinectaustralia.org.au](http://www.kinectaustralia.org.au)

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